

 PE- Swimming Cooperate Compete Commit 							
Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge
3	- swim competently, confidently and proficiently over a distance of at least 25 metres - use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] - perform safe self-rescue in different water-based situations	4	*Not taught in this year group	5	*Not taught in this year group	6	*Not taught in this year group

* Those children who do not meet the expected standard in Year 3 continue swimming provision.