

 PE- Hockey Cooperate Commit Compete 							
Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge
3	• Begin to show how to hold a hockey stick and which side to use • Demonstrate a simple push pass to a team mate • Dribble the ball keeping it close using the correct side of the stick • Show some signs of approaching a player to tackle and cause pressure • Begin to attempt to score a goal from anywhere • Play small-sided competitive games	4	• Sometimes change direction of travel and turning stick to support this • Use a push pass to make a direct pass • Begin to use a slap pass • Use speed to dribble the ball into space • Maintain defence and keep the pressure until possession is gained • Attempt to score inside a designated scoring area • Play small-sided competitive games • Follow basic rules of a game	5	• Change direction and use the correct side of the stick in an unopposed situation • Choose between the two passes (push & slap) and explain why • Make a direct pass while dribbling • Begin to use stick to mark a player from the side line causing them difficulty • Successfully score while in the scoring area • Play small-sided competitive game	6	• At speed, change direction and use the correct side of the stick in an opposed situation • Use a range of passes judged on the distance of the pass • Demonstrate how to pass a moving ball • Dribble and change direction by making a square pass or straight pass • Know when to defend and what defence skills could be used • Seize an opportunity to score, often quickly