

 PE- Football Experiment Express Inspire 							
Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge
3	• Explore different ways to dribble • Know the correct technique to make a short pass • Keep a ball under control when receiving a pass • Know where space is and try to move into it • Know what marking is and begin to mark another player to defend when needed • Begin to play competitive games following the rules fairly	4	• Dribble small touches into space showing awareness of surroundings • Pass a football to a teammate using different parts of the foot • Control a ball when receiving a range of passes • Understand where space is and move into it • Mark another player and begin to make interceptions • Begin to apply tactics	5	• Dribble making small touches with speed • Accurately pass a football to a teammate using different parts of the foot • Use a range of ways to control the ball (foot/knee/head) where appropriate • See space and use it effectively • Use agility to lose a defender and receive a pass • Make successful interceptions • Consistently follow the rules and apply tactics	6	• Dribble into space at speed to beat defenders • Make decisions regarding how and when to pass to a teammate • Use a range of ways to control the ball (foot/knee/head) when under pressure from a defender • Know how space changes within a game and how to move into changing spaces • Draw defender away to create space • Position the body to defend effectively