

 PE- Dodgeball Cooperate Commit Compete 							
Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge	Year Group	End Points Substantive Knowledge
3	• Demonstrate safe participation in dodgeball • Throw and catch a ball with increasing control • Move effectively around the playing area (agility/balance) • Work with teammates • Show resilience and respect	4	• Applying control and consistency in throwing and catching • Develop dodging and jumping skills • Show an understanding of the rules and fair play • Apply simple attacking and defending strategies • Demonstrate good sportsmanship	5	• Demonstrate controlled throwing, dodging and catching skills during a variety of game scenarios • Use speed, agility and spatial awareness • Develop the use of back pedalling • Improve the speed of play when in possession of the ball • Develop leadership skills • Apply effective attacking and defending strategies	6	• Demonstrate a high level of throwing, catching and dodging consistently • Show strong spatial awareness and positioning • Apply strong leadership skills and communication • Apply to the rules and show high levels of sportsmanship and honesty • Evaluate own and others' performance • Apply strong attacking and defensive tactics to develop an effective performance