

 PE- Hockey (Uni-hoc) Cooperate Compete Commit 			
Year Group	End Point Substantive Knowledge	Year Group	End Point Substantive Knowledge
1	• To demonstrate how to move with a ball using a hockey stick • To learn how to stop a ball whilst trying to use one side of the stick • To display how to attempt a push pass to a partner using the hockey stick • To aim to pass the ball to a partner in an unopposed situation • To introduce basic shooting techniques using the smash shot • To gain an understanding of the fundamental rules in hockey • To understand the concept of teamwork in hockey • To combine at least one or two skills in a game situation	2	• To demonstrate how to move with a ball in different directions using a hockey stick • To learn how to stop a ball whilst using only one side of the stick • To display how to attempt a push pass to a partner and how to receive one under control • To be able to pass the ball to a partner in an unopposed situation and keep control of the ball • To develop shooting accuracy and power whilst aiming at different parts of the goal using the smash shot technique • To show an understanding of the fundamental rules in a game setting • To understand the concept of teamwork and different positions in hockey • To combine both defensive and attacking skills in a game situation