



PSHE / Jigsaw
Kindness Enjoyment Achievement



Year Group	Unit Title	End points
2	Being me in my world	• List my hopes and fears for the year • Know how to use my Jigsaw Journal • Know the rights and responsibilities in my class and school • Know about rewards and consequences • Know about choices and consequences • Follow our Learning Charter
2	Celebrating difference	• Assumptions (stereotypes) • Know the assumptions people sometimes make about boys and girls • Understand why bullying happens • Know the difference between right and wrong • Know how to look after myself
2	Dreams and goals	• Setting a realistic goal • Persevering when a task is difficult • Know the people I work well with • Work well in a team • Share successes with other people
2	Healthy me	• What my body needs to be healthy • Medicines and how they work • How to use medicine safely • Healthy foods and the different food groups • Which foods give my body energy • How I can stay safer at home and when out and about • When to ask a trusted adult for help
2	Relationships	• Know about my family and my relationship with them • Know different forms of physical contact • Know acceptable and unacceptable physical contact • Know about things that may cause conflict with friends • Know about secrets and when it may or may not be good to keep a secret • Know people who can help me at school
2	Changing me	• Know about life cycles in nature • Know about growing from young to old • Know how my body changes • Know the physical differences between boys and girls

		• Know why some parts of my body are private • Know different types of touch and which ones I like and dislike • Say the things I am looking forward to
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