



Kindness PSHE / Jigsaw Enjoyment Achievement



Year Group	Unit Title	End points
6	Being me in my world	• Set goals and talk about worries • Understand children's rights around the world • Know about wants and needs • Know how my actions can affect others • Understand rewards and consequences relating to behaviour choices • Understand democracy and having a voice in my school • Understand our Learning Charter
6	Celebrating difference	• Understand different perceptions of what people mean by the word 'normal' • Understand disability, rights and protected characteristics • Understand different perceptions, assumptions, stereotypes and prejudice • Understand equality, community and respect • Know bullying behaviours including direct and indirect • Know what power and controlling • Behaviour looks like • Understand how difference can lead to conflict or celebration • Understand misunderstandings and how they happen
6	Dreams and goals	• Know my learning strengths • Set challenging but realistic goals for myself • Know the learning steps I need to take to reach my goal • Know how to motivate myself • Understand that working with other people can make the world a better place • Accept praise from others
6	Healthy me	• Understand how to take responsibility for my health • Make positive choices that benefit my health and wellbeing • Understand different types of drugs and their effects on the body • Understand exploitation and things that are against the law • Understand why some people join gangs and the risks involved • Know what it means to be emotionally well
6	Relationships	• Know the importance of looking after my mental health • Know ways to take care of my mental health • Understand the stages of grief and different types of loss • Understand how to recognise when people are trying to gain power or control • Know ways to judge whether something online is safe and helpful for me • Use technology to communicate positively with others

6	Changing me	• Know my self-image and how my own body-image can fit into that • Understand puberty for boys and girls and how our bodies change • Understand attraction, relationships and consent • Know the importance of looking after myself physically and emotionally • Know why positive self-esteem is important • Know ways to feel ready for the changes that may come next year
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