



## Juniper Hill School – Life Skills Curriculum Internet Safety and Harms

**Topic: Internet Safety and Harms** (Relationships Education, Relationships and Sex Education (RSE) and Health Education)

<b>Objective (Pupils should know by the end of Year 6)</b>	<b>EYFS</b>	<b>Year 1 / Year 2</b>	<b>Year 3 / Year 4</b>	<b>Year 5 / Year 6</b>
<p><b><u>INTERNET SAFETY AND HARMS</u></b> <b>Lesson 1</b> <b>IS&amp;H1.</b> That for most people the internet is an integral part of life and has many benefits. Where and how to report concerns and get support with issues online.</p>	<p>I know that the internet is used by most people. I know I should ask before using the internet. If I see anything on the internet that worries me I should tell a trusted adult.</p>	<p>I know that the internet is used by most people. I know there are many good things about the internet I know I should ask before using the internet. If I see anything on the internet that worries me I should tell a trusted adult.</p>	<p>I know that the internet is used by most people around the world and has many benefits. I know that if I see something on the internet that worries me I should tell a trusted adult. I am learning where I can report concerns online.</p>	<p>I know that the internet is an integral part of life and has many benefits. I know where and how to report concerns and how to get support with issues online.</p>
<p><b><u>INTERNET SAFETY AND HARMS</u></b> <b>Lesson 2</b> <b>IS&amp;H2.</b> About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.</p>	<p>I can talk about the amount of time I spend using a computer or playing games on a tablet.</p>	<p>I can talk about why I shouldn't go online for long periods of time.</p>	<p>I can talk about the dangers of spending too much time gaming / online. I know that the internet has positive and negative content. This can affect people's mental and physical wellbeing.</p>	<p>I know the consequences of spending too much time online / gaming. I know that the internet has positive and negative content. This can affect people's mental and physical wellbeing.</p>



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<p><b><u>INTERNET SAFETY AND HARMS</u></b> <b>Lesson 3</b> <b>IS&amp;H3.</b> How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private.</p>	<p>I know that computers have passwords. I know that I mustn't share information about me online.</p>	<p>I know what personal information is. I know that I mustn't share personal information online. I know why I need to use passwords online. I know I must treat people kindly online.</p>	<p>I can explain how I can protect myself online, by using passwords, not sharing personal information and reporting concerns to adults. I know I must behave respectfully online as my actions affect others.</p>	<p>I know the importance of making good choices online. I know the importance of using passwords, NOT oversharing online, and keeping personal information personal! I know I must report any online concerns to a trusted adult. I know I must behave respectfully online as my actions affect others.</p>
<p><b><u>INTERNET SAFETY AND HARMS</u></b> <b>Lesson 4</b> <b>IS&amp;H4.</b> Why social media, some computer games and online gaming, for example, are age restricted.</p>	<p>I know what I am allowed and not allowed to watch / play online.</p>	<p>I know that some computer games are only for older children.</p>	<p>I know that some media and computer games are age restricted. I know this means it isn't safe for me to use the media platform and play the computer games.</p>	<p>I know that some media and computer games are age restricted. I know why these guidelines are put in place. I know it isn't safe for me to use media platforms or play computer games that are age restricted.</p>



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<p><b><u>INTERNET SAFETY AND HARMS</u></b> <b>Lesson 5</b> <b>IS&amp;H5.</b> That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.</p>	<p>I know that it's important to be kind to my friends online. If people are mean to others it makes them feel sad inside.</p>	<p>I know it's important to be kind and polite with my words online and in the real world. I know that if people are mean to others it can affect their mental health.</p>	<p>I know what online bullying is. I know how important it is to be kind and respectful online. I know that online bullying can affect people's mental health.</p>	<p>I know what online bullying is. I know how important it is to be kind and respectful online. I can explain the consequences of online bullying and the impact it has on other people's mental health. I promise never to bully anyone online and to try to challenge any online bullying I see.</p>
<p><b><u>INTERNET SAFETY AND HARMS</u></b> <b>Lesson 6</b> <b>IS&amp;H6.</b> How to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted.</p>	<p>I know that not everything on the internet is true.</p>	<p>I know that not everything on the internet is true, this is called fake news.</p>	<p>I know that fake news exists. I know that when I search for information using a search engine, that the information is ranked and selected.</p>	<p>I know that I need to look carefully at the information I find online; not all information is true, information from search engines is ranked, selected and targeted.</p>