



Juniper Hill School – Life Skills Curriculum Families and People who Care for Me

Topic: Families and People who Care for Me (Relationships Education, Relationships and Sex Education (RSE) and Health Education)

Objective (Pupils should know by the end of Year 6)	EYFS	Year 1 / Year 2	Year 3 / Year 4	Year 5 / Year 6
<p><u>FAMILIES AND PEOPLE WHO CARE FOR ME</u></p> <p>Lesson 1 FPCM1. That families are important for children growing up because they can give, love, security and stability. FPCM4. That stable, caring relationships, which may be different types, are at the heart of happy families, and are important for children’s security as they grown up.</p>	I can explain why my family is important to me.	<p>Jigsaw Relationship</p> <p>I can describe my family. I know that all families are different.</p> <p>I can explain how my family look after me and why they are important to me.</p>	<p>I know that all families are different.</p> <p>I know that families are important for children growing up as they provide love, security and stability.</p> <p>I can explain how my family helps me.</p>	<p>I can explain what a stable caring relationship looks like.</p> <p>I know that all families are different.</p> <p>I know that at the heart of a happy family are stable, caring relationships.</p>
<p>Lesson 2 FPCM2. The characteristics of healthy family life, commitment to each other, including in time of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other’s lives.</p>	I can explain how I know my family love me and the activities we do together.	<p>I can talk about the things I do with my family.</p> <p>I can talk about how the different members of my family help each other.</p>	<p>I know that every family unit is different.</p> <p>I can talk about how my family looks after each other.</p> <p>I can talk about how people in my family spend time together and share each other’s lives.</p>	<p>I can describe the characteristics of healthy ‘family’ life</p> <ol style="list-style-type: none"> 1. Commitment to each other 2. Helping each other in times of difficulty 3. Protecting and caring for children and other family members 4. Spending time together and sharing each other’s lives.



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<p>Lesson 3 FPCM3. That others’ families, either in school or in the wider world, sometimes look different from their family, but that they should respect those difference and know that other children’s families are also characterised by love and care. (Links to Diversity/ Stonewall)</p>	<p>I can draw a picture of my family. I know from looking at other people’s pictures that all families look different.</p>	<p>Jigsaw Relationships Jigsaw Relationships I can describe the different types of families other children in my class have. I know that all families are different. I know the most important thing about a family is love and care.</p>	<p>I can describe different types of families in the wider world, e.g. including single parent, same sex parents, mixed ethnicity, people with disabilities etc. I know the most important thing about a family is love and care.</p>	<p>I know that there are many different types of families, including single parent, same sex parents, mixed ethnicity, people with disabilities etc. I know how important it is to respect difference and to know that other children’s families are also characterised by love and care.</p>
<p>Lesson 4 FPCM5. That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong.</p>	<p>I know what is means to get married.</p>	<p>I can explain why people get married and what it means.</p>	<p>I know that when people get married it is a legal commitment, which is intended to be lifelong.</p>	<p>I know that marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong. (The Marriage (Same Sex Couples) Act which allows same-sex marriage in England and Wales was passed by UK parliament in July 2013 came into force on 13th March 2014.)</p>



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Lesson 5 FPCM6. How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed.	I can explain when I feel unhappy at home. I know who my trusted adults are and that I can talk to them.	Jigsaw Relationships I know when I feel unhappy or unsafe at home. I know how important it is to talk to people. I know who my trusted adults are and that I can talk to them.	I know when I feel unhappy or unsafe at home. I know how important it is to talk to people. I know who my trusted adults are and that I can talk to them.	I know how to recognise if my family relationships are making me feel unhappy or unsafe. I know the importance of seeking help and advice from others if I need it.