



Juniper Hill School – Life Skills Curriculum Caring Friendships

Topic: Caring Friendships (Relationships Education, Relationships and Sex Education (RSE) and Health Education)

Objective (Pupils should know by the end of Year 6)	EYFS	Year 1 / Year 2	Year 3 / Year 4	Year 5 / Year 6
CARING FRIENDSHIPS Lesson 1 CF1. How important friendships are in making us feel happy and secure, and how people choose and make friends.	Jigsaw Relationships I know what a friend is. I am learning how to be a good friend.	Jigsaw Relationships I know what a friend is. I am learning how to be a good friend.	I know why my friends are important to me. I am learning how to be a good friend. I am learning how to choose and make friends.	I know how important friendships are for making me feel happy and secure. I am learning how to choose and make friends; these skills will help me at secondary school.
CARING FRIENDSHIPS Lesson 2 CF2. The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties.	I know that friends should be kind to each other and share interests.	I know that friends should be kind and truthful with each other and share things they are interested in.	I know that friends should be kind and respectful to each other, and help each other with problems or difficulties.	I can talk about the characteristics of friendship. I can identify the characteristics of friendships in my own relationships.



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<p>CARING FRIENDSHIPS Lesson 3 CF3. That healthy friendships are positive and welcoming towards others and do not make others feel lonely or excluded. (Link to Mental Wellbeing no7 Loneliness)</p>	<p>I know that healthy friendships do not make others feel lonely or excluded.</p>	<p>I know that healthy friendships do not make others feel lonely or excluded.</p>	<p>I know that healthy friendships are positive and welcoming towards others and do not make others feel lonely or excluded.</p>	<p>I know that healthy friendships are positive and welcoming towards others and do not make others feel lonely or excluded.</p>
<p>CARING FRIENDSHIPS Lesson 4 CF4. That most friendships have ups and downs, and that they can often be worked through so that the friendships is repaired or even strengthened, and that resorting to violence is never right.</p>	<p>I know that I will fall in and out of friendship with my good friends. We won't always agree about everything.</p>	<p>I know that I will fall in and out of friendship with my good friends. We won't always agree about everything.</p>	<p>I know that I will fall in and out of friendship with my good friends, we won't always agree about everything. I know that resorting to violence is never right.</p>	<p>I know that most friendships have ups and downs, and they can often be worked through so that friendship is repaired or even strengthened. I know that resorting to violence is never right.</p>



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<p>CARING FRIENDSHIPS Lesson 5 CF4. How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and to how to seek help or advice from others, if needed. (Friends for Life)</p>	<p>I know when a friendship is making me feel unhappy. I know I can talk to a trusted adult or a helping hippo who can help me.</p>	<p>I know when a friendship is making me feel unhappy or uncomfortable. I am learning that these situations are normal and how to cope with them. I know I can talk to a trusted adult or a helping hippo who can help me.</p>	<p>I know what trust is. I am learning who to trust and who not to trust. I am learning how to judge when a friendship is making me feel unhappy. I am learning how to manage these situations and to seek help from a different friend, a trusted adult or a helping hippo.</p>	<p>I am learning how to recognise who to trust and who not to trust. I am learning how to judge when a friendship is making me feel unhappy or uncomfortable. I am learning strategies to manage these situations, including seeking help or advice from others.</p>