



## Juniper Hill School – Swimming Lesson Risk Assessment January 2026

<b>PURPOSE OF RISK ASSESSMENT</b> To ensure the health and safety of all pupils and staff attending off-site swimming lessons	<b>PEOPLE INVOLVED</b> Class teacher, LSA, 1:1 Support, Pupils
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Theme What are the hazards?	Who might be harmed and how? (Who is at special risk)	What are you already doing? (Current control measures, including those for people at special risk)	What further action is necessary? (Further control measures)	RISK LEVEL (Low, Medium, High)	Action by whom	Additional Information/ Review Notes.
Safeguarding	Staff and children	<p>The school follows the Bucks Safe Practice in School Swimming Policy and Guidance (Jan 25)</p> <p>Staff teach from the side of the pool where the whole group can be seen, they never turn their back on a group. When supporting pupils IN THE water the school ensures:</p> <p>Staff are suitably qualified and have the relevant DBS checks.</p> <p>Parents are contacted to gain consent for their child to be supported by an adult.</p> <p>They work with the parents to understand the best method of support.</p> <p>Staff in the water will keep their hands where they can be seen at all times, offering support with a flat, open palm, back of hand.</p> <p>The children will be asked if they are happy for support using physical contact. If they say no, an alternative method of support will be found.</p>	NB: When a member of staff is in the water, there should always be two qualified members of school staff present on the poolside during the swimming lesson.	Low	All staff	Ref p48 – 49 of Bucks Safe Practice in School Swimming Policy and Guidance (Jan 25)



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Transport	Slip, trip or fall from coach.	Remind children to hold the rail as they enter and leave the coach; ensure they are lined up in single file outside the coach.		Low	Teachers	
Road safety, hit by vehicle Trip hazards	Children crossing roads or car park	Remind children of road safety before leaving school; any roads that we cross will be between 2 adults standing in the middle of the road while the children pass between. Ensure children stay on pavements. Remind children to face forwards and look where they are going as they walk to avoid trips and falls.	1:1 adult support for specific children where necessary.	Low	All accompanying adults.	
Safety while changing and using the toilets.	Trips, falls. Child protection.	Girls and boys to change separately in large changing rooms. Teachers and adults to be available outside the changing areas and to enter only with warnings or on request. Children to be toileted in groups with a member of staff present. All adults DBS checked. Children to walk between changing rooms and pool – no running.	In exceptional circumstances (e.g.: early onset of puberty or cultural reasons) children will be allowed to use single changing cubicles available close by the large changing rooms. Teachers and adults will patrol outside both areas while children are changing. Remind children to walk sensibly.	Low	All accompanying adults.	



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Participation in swimming lessons Asthma	Pupils with asthma. <b>Medical record to be taken on trip.</b>	Take asthma pumps; children to ask an adult if they would like to use it. The asthma pumps will be kept in the green medical bags and brought to the poolside by an adult. Follow care plans. Record kept and parents to be informed afterwards. All accompanying adults will be told where the medical bag is by the poolside.		Medium	All poolside adults.	
Participation in swimming lessons: Eczema	Pupils with eczema. <b>Medical record to be taken on trip.</b>	Encourage children to shower properly after their swim.		Low	Children. Reminders issued by teachers.	
Participation in swimming lessons: Nut allergies	Pupils with nut allergies. <b>Medical record to be taken on trip.</b>	Children will be told not to bring any snacks containing nuts. Pupils will be told to take their Epipen will be kept in the medical bag poolside.		Low	Accompanying adults.	
Participation in swimming lessons	Risk of drowning.  Risk of cuts and grazes.  Risk of knock to head.	There are dedicated qualified lifeguards employed by the swimming centre. The pool is equipped with underwater cameras that are manned by qualified life guards. Each lane is watched by an adult. Staff from the school have attended swimming training. Children will be reminded to	Trained 1:1 school staff will go in the pool with any ARP pupils if applicable and a separate risk assessment will be written.	Medium	Teachers, Support Staff. Children.	



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	All children	listen carefully to instructions and to follow them. Children with long hair must wear swimming caps to avoid hair getting caught. First aider employed by swimming centre and at least one of the accompanying adults from school is a qualified first aider.				
Participation in swimming lessons: ear pain		Pupils with acute problems permitted to wear ear plugs if necessary.		Low		
Participation in swimming lessons: ADHD/Autism/SEMH		Ensure pupils have heard instructions and understand them: adult to check. Provide reminders as needed. Staff to follow any individual behaviour support plans / regulation plans as required.		Low	Accompanying adults.	

Claire Garnett (Headteacher) January 2026