

Jigsaw the Mindful Approach to PSHE

Curriculum Content and Progression of Knowledge and Skills for Puzzle 2: Celebrating Difference

Year Group	Lesson	Knowledge	Skills
R	Piece 1 What am I Good at?	To understand everyone is good at different things.	To identify something that they are good at.
R	Piece 2 I'm Special, I'm Me!	To understand that being different makes us all special.	To identify things that are different about themselves and others that make them special.
R	Piece 3 Families	To understand that they are all different but the same in some ways.	To identify ways that they are different but the same.
R	Piece 4 Houses and Homes	To understand the reasons why their home is special to them.	To describe and explain why they think their home is special to them.
R	Piece 5 Making Friends	To understand how to be a kind friend.	To describe and explain how they could be kind to a friend.
R	Piece 6 Standing Up for Yourself	To understand what words they could say to stand up for themselves when someone says or does something unkind.	To practice using words to stand up for themselves in role-play scenarios and/or with Puppets.

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1	Piece 1 The Same as ...	To understand some ways in which they are the same as their friends.	To identify similarities between the people in their class.
1	Piece 2 Different from ...	To understand some ways in which they are the different from their friends.	To identify differences between the people in their class.
1	Piece 3 What is Bullying?	To understand what bullying is.	To understand how being bullied might feel.
1	Piece 4 What do I do about Bullying?	To understand who they could talk to if they feel unhappy or bullied.	To identify who to talk to when if they feel unhappy or bullied. To be kind to children who are bullied.
1	Piece 5 Making New Friends	To know how it feels to make a new friend.	To know how to make new friends.
1	Piece 6 Celebrating the difference; Celebrating Me!	To understand their differences make them unique and special.	To describe and explain ways that I am different from my friends.

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2	Piece 1 Boys and Girls	To begin to understand that sometimes people make assumptions about boys and girls. (Stereotypes)	To recognise some ways in which boys and girls are similar and feel good about this.
2	Piece 2 Boys and Girls	To begin to understand that sometimes people make assumptions about boys and girls. (Stereotypes)	To recognise some ways in which boys and girls are different and accept that this is okay.
2	Piece 3 Why Does Bullying Happen?	To understand that sometimes bullying is about difference.	To recognise how someone who is bullied feels. To know how to be kind to children who are bullied.
2	Piece 4 Standing Up for Myself and Others.	To recognise what is right and wrong and know how to look after myself.	To know when and how to stand up for themselves and others. To know how to get help if they are being bullied.
2	Piece 5 Gender Diversity	To understand that it is ok to be different from other people and to be friends with them.	To understand that they shouldn't judge people if they are different. To know how it feels to be a friend and have a friend.
2	Piece 6 Celebrating Difference and Still being Friends	To understand their differences make them unique and special.	To describe and explain ways that I am different from my friends.

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3	Piece 1 Families	To understand that everybody's family is different and important to them.	To appreciate their family / people who care for them.
3	Piece 2 Family Conflict	To understand that differences and conflicts sometimes happen among family members.	To know how to calm myself down and can use the 'Solve it Together' technique.
3	Piece 3 Witness and Feelings	To understand what it means to be a witness to bullying.	To know some ways of helping to make someone who is bullied feel better.
3	Piece 4 Witness and Solutions	To know that witnesses can make the situation better or worse by what they do.	To problem-solve a bullying situation with others.
3	Piece 5 Words that Harm	To recognise that some words are used in hurtful ways.	To work hard at not using hurtful/unkind words, (e.g. fat, gay)
3	Piece 6 Celebrating Difference: Compliments	To share about a time when their words affected someone's feelings and describe what the consequences were.	To give and receive compliments and know how this feels.

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4	Piece 1 Judging by Appearances	To understand that sometimes we make assumptions based on what people look like.	To try accept people for who they are.
4	Piece 2 Understanding Influences	To understand what influences me to make assumptions based on how people look.	To question why I think what I do about other people.
4	Piece 3 Understanding Bullying	To know that sometimes bullying is hard to spot. To understand what to do if they think it is going on but they are not sure.	To know how it might feel to be a witness to and a target of bullying.
4	Piece 4 Problem-Solving	To understand why witnesses sometimes join in with bullying and sometimes don't tell. To understand how rewards and consequences motivate people's behaviour.	To know how to problem-solve a bullying situation with others.
4	Piece 5 Special Me: Frames	To identify what is special about themselves and value the ways in which they are unique.	To accept, like and respect the unique features of their physical appearance.
4	Piece 6 Celebrating Difference: How we Look	To identify a time when their first impression of someone changed when they had got to know them.	To understand and explain why it is good to accept people for who they are.

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5	Piece 1 Different Cultures	To understand that cultural differences sometimes cause conflict.	To gain an understanding of their own culture.
5	Piece 2 Racism	To understand what Racism is.	To show awareness of their attitude towards people from different races.
5	Piece 3 Rumours & Name-calling	To understand how rumour-spreading and name-calling can be bullying behaviours.	To develop a range of strategies for managing their feelings in bullying situations and for problem-solving when they are in a bullying situation.
5	Piece 4 Types of Bullying	To understand and explain the difference between direct and indirect types of bullying.	To develop some ways to encourage children who use bullying behaviours to make other choices. To know how to support children who are being bullied.
5	Piece 5 Does Money Matter Culture Displays	To know and appreciate the value of happiness regardless of material wealth.	To compare their lives with people in the developing world.
5	Piece 6 Celebrating Difference across the World	To understand a different culture from my own.	To respect our own and other people's cultures.

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6	Piece 1 Am I Normal?	To understand that there are different perceptions about what normal means.	To empathise with people who are different.
6	Piece 2 Understanding Difference	To understand how being different could affect someone's life.	To be aware of their attitude towards people who are different.
6	Piece 3 Power Struggles	To know how it can feel to be excluded or treated badly by being different in some way.	To explain some ways in which one person or a group can have power over another
6	Piece 4 Why Bully?	To know some of the reasons why people use bullying behaviours.	To describe a range of strategies for managing their feelings in bullying situations and for problem-solving when they are part of a bullying situation.
6	Piece 5 Celebrating Difference Admiration Accolades	To understand and explain ways in which difference can be a source of conflict and a cause for celebration.	To show empathy with people in either situation.
6	Piece 6 Celebrating Difference	To understand how democracy and having a voice benefits the school community.	To understand why our school community benefits from a learning charter and how we can help others to follow it by modelling it.

