

Juniper Hill School – 2020 -2021

Sex Education Curriculum content and progression of skills and knowledge document.

Year Group	Lesson	Skills	Knowledge
1 Boys' and girls' Bodies	Changing Me Piece 4	To identify parts of the body that make boys different to girls.	To use the correct names for these: penis, testicles, vagina, vulva, anus.
2 Boys' and girls' Bodies	Changing Me Piece 4	To recognise the physical differences between boys and girls.	To use the correct names for these: penis, testicles, vagina, vulva, anus. To appreciate that some parts of the body are private.
3 The Life and growth of a baby	Changing Me Piece 2	To express how they might feel if there was a new baby in their family.	To understand how a baby grows & develops a mother's Uterus and understand what a baby needs to live and grow.
3 Outside Body Changes	Changing Me Piece 3	To identify how girls' and boys' bodies change on the outside during this growing up process.	To understand that girls' and boys' bodies need to change so that when they grow up their bodies can make babies.
3 Inside Body Changes	Changing Me Piece 4	To identify how girls' and boys' bodies change on the inside during the growing up process.	To understand why these changes are necessary so that their bodies can make babies when they grow up.
4 Having a baby	Changing Me Piece 2	To correctly label the internal and external parts of male and female bodies that are necessary for making a baby.	To know names of the internal and external parts of male and female bodies that are necessary for making a baby.
4 Girls and Puberty	Changing Me Piece 3	To describe how a girls' body changes in order for her to be able to have babies when she is an adult.	To know that menstruation (having periods) is a natural part of the way a girls' body changes to enable her to have babies.
5 Puberty for Girls	Changing Me Piece 2	To explain how a girl's body changes during puberty.	To understand the importance of looking after yourself physically and emotionally.
5 Puberty for Boys	Changing Me Piece 3	To describe how girls' and boys' bodies change during puberty.	To know the changes in girls' and boys' bodies during puberty.

5 Conception	Changing Me Piece 4	To understand the vocabulary associated with puberty and IVF.	To understand that sexual intercourse can lead to conception and that is how babies are usually made. To understand that sometimes people need IVF to help them have a baby.
6 Puberty	Changing Me Piece 2 Over 2 sessions Session 1 Boys and Girls meet separately .	To explain how girls' and boys' bodies change during puberty.	To understand the importance of looking after yourself physically and emotionally.
6 Babies: Conception to Birth	Changing Me Piece 3	To describe how a baby develops from conception through the nine months of pregnancy, and how it is born.	To know how a baby develops from conception through the nine months of pregnancy, and how it is born.

Each year group will inform parents of up-coming Sex Education in order to allow for parents to prepare their children at home for impending Sex Education in school. RSE parent guides are available to download for KS 1, L KS 2 and U KS 2.

The highlighted lessons are the only two lessons parents have the right to withdraw their child from if they should wish to do so.

Parents choosing to opt out will need to inform the school in writing of their decision, otherwise it will be assumed that every child will access all the Sex Education provision at Juniper Hill School.