

Juniper Hill School

Sun Safe Policy







Kindness Enjoyment Achievement

This policy was written in April 2021
Reviewed April 2023
Reviewed April 2025

Next Review April 2027

At Juniper Hill School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

Education

-  All pupils will be taught about about safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer as part of Juniper's Life Skills Curriculum.
-  We will talk about how to be SunSmart in assemblies at the start of the summer term and before the summer break.
-  Juniper Families will be informed about what the school is doing about sun protection and how they can help at the beginning of the summer term via the school newsletter.
-  Information on sun safety will be provided in the staff room, see appendix A

Protection

Shade

We will encourage children to sit/play in the shade where it is available, e.g on the astroturf in the Adventure Playground and in the Sensory Garden. We will continue to develop shaded areas as part of our commitment to improving the outside area at Juniper.

Timetabling

We will aim to schedule outside activities / PE lessons before 11am and after 2pm during very hot days. If this is unavoidable we will ensure hats, clothing and sunscreen are all worn to prevent sunburn. Children will need to apply sunscreen before coming into school.

Clothing

Children are required to wear hats that cover the ears, face and neck.

Information has been shared in the staff room about sunhats. Staff are encouraged to wear sunhats when outside. The children are allowed to wear sunglasses if parents wish.

Sunscreen

Sunscreen use will be encouraged during summer at lunch breaks, during PE lessons and on school trips. Parents will be asked to apply sunscreen before sending their child into school. During the summer months, children must apply sunscreen at home before participating in Forest School lessons. Where possible, we encourage parents / carers to use long-lasting once-a-day sunscreens. However, in very hot weather, children may bring named sunscreen into school and apply it themselves. If this isn't possible, the Juniper Team will do their best to help, with permission from the parents / carers. The school is aware that according to HSE (Health and Safety Executive) 'health and safety legislation does NOT prevent school staff from applying or helping pupils apply sun cream.

Appendix A How to be Safe in the Sun Information displayed in the Juniper Hill School Staff Room

Protect yourself and others

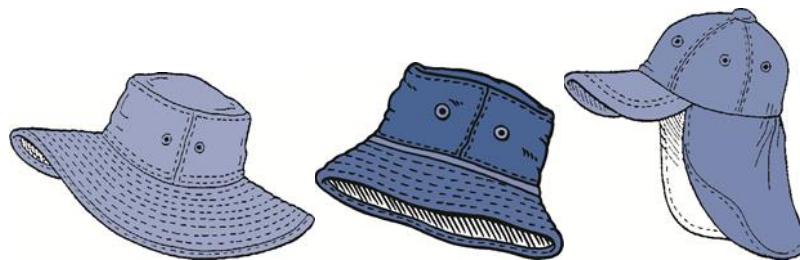
Did you know that protecting yourself from the harmful UV rays of the sun as an adult is one of the best ways to teach children to do it too?

Researchers, psychologists, parents and teachers have long known that children copy adult behaviour – both good and bad. This is why when it comes to sun safety, setting the best example is so important.

At school and on the weekends

By wearing a sun-safe hat, glasses, a top with a collar and sleeves, and wearing sunscreen before going outside, we not only reduce our own risk of skin cancer, but we become positive role models for children.

Sun-safe hats include broad-brimmed, bucket and legionnaire styles



How you can keep the children safe?

Talk to the children and families about the importance of bringing in sun hats and glasses (optional).

Remind the children and families to apply a good quality, high factor sunscreen before coming into school.

Make sure the children take off their jumpers, wear their hats and glasses (optional) during break and lunchtimes.

If it's very hot, keep the children in the shade or keep them inside at lunchtime.

Make sure the children drink plenty of water especially after lunchbreak.

