

Tuck in today...



TRANSFORMING CATERING
IN PRIMARY SCHOOLS

- ✓ FRESH DELICIOUS MEALS
- ✓ HIGH QUALITY INGREDIENTS
- ✓ MEETS NUTRITIONAL STANDARDS
- ✓ PLATED LUNCH
- ✓ CASHLESS ON-LINE ORDERING



My Primary Menu *innovate* my goodness!

	MON	TUE	WED	THU	FRI
WEEK 1					
MAIN MEAL	Crispy Coated Chicken Fillet, In a Flouried Bap with Salad & Wedges	Tasty Beef Bolognese Pasta Bake & Garlic Slice	Home Baked Gammorn with New Potatoes	Sweet & Sticky BBQ Chicken and Vegetables with Rice	Crispy Oven Baked Misc Cod Fillet & Oven Chips
VEGETARIAN	Veggie Burger in a Flouried Bap with Salad & Wedges	Roast Vegetable Pasta Bolognese & Garlic Slice	Oven-baked Veggie Sausages with Gravy & New Potatoes	Chinese-style BBQ Vegetables & Quorn with Rice	Crispy Vegetable Twister & Oven Chips
JACKET POTATO	Tuna, Baked Beans or Cheese	Tuna Mayo, Baked Beans or Grated Cheese	Tuna Mayo, Baked Beans or Grated Cheese	Tuna Mayo, Baked Beans or Grated Cheese	Tuna Mayo, Baked Beans or Grated Cheese
DESSERT	Baked Fruity Apple Pudding with Custard	Choice of Fresh Fruit or Yoghurt	Jelly with Fruit Cocktail	Choice of Fresh Fruit or Yoghurt	Berry Fruit Crumble & Custard
WEEK 2					
MAIN MEAL	Slow Cooked Chicken Meatballs In Tomato Sauce with Pasta Spirals	Oven Baked Sausages with Mini Yorkies, Gravy & Mash	Roast Turkey, With Stuffing, Roast Potatoes & Gravy	Chunky Beef & Root Veg Casserole Served with Rice	Oven Baked Msc Fish Fingers & Chips
VEGETARIAN	Crispy Topped Quorn & Pasta Neapolitana Bake	Veggie Sausage Toad in the Hole, Gravy & Mash	Quorn & Seasonal Vegetable Crumble Bake	Mildly Spiced Vegetable & Chickpea Curry Served with Rice	Naked Veggie Burger & Chips

To find out more about how we can innovate your primary school catering, call us on 01932 411110 or email primary@innovatefood.co.uk

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my goodness!

HEALTHY, TASTY FOOD FOR YOUR CHILDREN ✓

Delicious meals delivered to your school or cooked on site

It is vital for children to eat nutritious, healthy food every day, but even more so when they are at school and engaging in social activities, playing and learning.

A balanced diet does not just fill a hole at lunchtime, it improves concentration, boosts brainpower, memory and physical wellbeing; however, we all know that young children do not always see that as a valid reason to eat their greens.

At Innovate, we have produced menus that will be appealing to children while providing them with all the good stuff they need to do well at school and beyond.

Fresh, healthy food that is attractive to pupils

- serve familiar food that children like
- plenty of variety with a three week cycle menu
- fully meets Nutritional Standards
- use of local, fresh, seasonal ingredients
- our own chefs prepare all meals to the highest standards
- we never add colourants or preservatives
- we can prepare meals for those with special dietary needs



Your children will enjoy a proper dining experience

- Sitting at a table with cutlery and plates
- They will have access to bread and salad to accompany their meal every day
- All orders are printed off daily and each child is given a wristband with their meal choice on so you don't have to worry about them picking the wrong meal or being served something you didn't want them to eat.

COMPLETE SERVICE CATERING ✓

Ordering is simple

- Visit our website www.innovatefood.co.uk
 - Register your child on our school meal ordering system
 - Choose the selected meals over a 1-3 week period
 - Choose your payment method (Universal Free School Meal Credit will be automatically allocated)
- Also available on mobile phones, tablets, and PCs.
- Detailed instructions are available on our website.



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www.innovatefood.co.uk